

YOUTH KARATE GI SIZE CHART- STANDARD AWMA LIGHTWEIGHT

ProForce® 5/6 oz. Karate Uniforms Half Sizes Size Chart [Elastic]

Size	Height	Weight
0000	3' (Child Size)	30 lbs.
000	3'6" (Child Size)	35 lbs.
000.5	4' (Child Size)	40 lbs.
00	4'2" (Child Size)	50 lbs.
00.5	4'4" (Child Size)	60 lbs.
0	4'5" (Child Size)	70 lbs.
0.5	4'6"	85 lbs.
1	4'7"	90 lbs.
1.5	4'9"	100 lbs.
2	5'	110 lbs.
2.5	5'2"	125 lbs.
3	5'4"	135 lbs.
3.5	5'6"	150 lbs.
4	5'11" - 6'	185-210 lbs.
5	6'1" - 6'3"	210-250 lbs.
6	6'4" - 6'7"	250-280 lbs.
7	6'8" - 6'11"	280-325 lbs.
8	7'+	325+ lbs.

* Note: Uniforms may or may not come in every size.