

About the Police Mentors

Jeff Foran, Club Coordinator



Sgt. Jeff Foran

Jeff is the founder of the Manchester PAL Mountain Biking Club. Holding the rank of Sgt. in the Manchester Police, this Veteran officer is noted for his endless efforts in support of Manchester PAL and Manchester Youth! Jeff is a seasoned mountain biker and has assisted with training for police in Manchester and at various departments in CT. He is also an active team member of the Manchester Search and Rescue Team. Jeff is noted for building relationships with kids and can act not only as a friend to our youth but also a very powerful mentor.



Ofc. Jason Carbone

Jay is a seasoned and highly respected Officer on the Manchester Police Department. Jay has supported PAL for some time now and has been instrumental in the formulation of improved police/youth relationships. Each summer this former NCAA Div. 1 Athlete helps coordinate and execute the hugely popular MPAL/Police Summer Basketball Series which draws hundred of youth to the courts. Jay's interest in youth success is easy to see and the kids only gain that much more when he is around.



Ofc. Patrick Walsh

Ofc Pat is a well known face around youth in Manchester. He is assigned as an School Resource Officer (SRO) at Manchester High School where he works to build relationships with youth, keep security and peace, advise and also help teach youth, families, and school staff about the law. These officers are highly respected and earn the right to work in our schools! Pat is also an advisor for the Manchester Police Explorers. Pat is always on the go and you cannot miss his smile and kind, caring demeanor with all he interacts. Pat helps facilitate and instruct in the Law and Order Class for Manchester High School students.