



YEARLY FEES: \$150

SCHEDULE (New)

The following classes focus on the Basic and Fundamentals of Judo. They are open to all new Judo students and potential students who are trying our classes.

Little Dragons / Judo Concepts

Estimated ages 5-8

Thursday: 5:00- 5:45pm

Trials Welcome

**Concepts: For our youngest students (5-8) focus is on strengthening motor skills, balance, and focus through basic exercises, games, and practice. Instruction of Judo etiquette, practice, and play are taught in preparation for future training.*

Kids Judo

Estimated ages 9-12

Thursday: 5:45 – 6:45pm

Trials Welcome

Instruction of Judo etiquette, practice, and play are taught in preparation for future training. Focus is on basic safety, skills, and free play

Youth & Adult Judo

Estimated Age 13+ / Adults

Thursday: 6:45pm to 8:00pm

Trials Welcome

Instruction of Judo etiquette, practice, and play are taught. Focus is on safety, skills, and free play. Competitive techniques taught.

The following classes are taught for the Student who has reached a certain physical age, maturity, & skill set in Judo. They are open to students by the invitation of their instructor and are not appropriate for very new or very young students.*

Youth & Adult Intermediate Judo

Ages 9-18 & Adults with Instructor Invitation*

Tuesday: 6:30pm to 8:00pm